



THE ICICLE CHASE

We saved the best for last!

QUINTE ROWING CLUB will be hosting the **ICICLE CHASE** again this year on Saturday **October 19th**. The location will be the same as last year – around **WILSON ISLAND in the TRENT RIVER** near Stirling. As usual we can expect a variety of weather at that time of year, so be prepared for sun, wind, rain, snowflakes..... and always a great time.

The circuit is 20 km, half on the winding, beautiful back channel behind Wilson Island and half on the wider, more open Trent River. It will challenge both your rowers' fitness and your cox's skill! After launching beside the First Line bridge, crews will be timed from the moment they pass under the bridge until they pass under it again. The row begins westward in the calm meandering Back Channel, then rounds the end of the island into the open water of Percy Reach, then down the Trent River (with the current) to the east end of the island, where the crews will have to find the entrance to the back channel and row back to the starting point. The back channel is lined with lily pads, but apart from a few short stretches, the clear water is wide enough to allow overtaking. And to encourage you to finish quickly, there will be BBQ hamburgers, snacks and drinks for everybody at the launch-site afterwards!

The course will be rowed in coxed quads, T11's. You can bring your own equipment or use equipment provided for the event. (OARA boats and Quinte Rowing Club boats.)

Entries are to be made for crews, and sent to maxine.walker@sympatico.ca

In contrast to most tours, where people enter individually, entries for the Icicle Chase must be made by complete crews. You may enter as a Women's Quad, a Men's Quad or a Mixed Quad. A 'mixed' crew must not include more than two oarsmen. Coxes in all crews may be of any gender. Crew names must be entered. Registration is open from September 5th to Saturday, October, 5th.

The cost of the event is \$250 + (\$27.50 per crew for Rowing Canada and Row Ontario fees) (\$55.50 per person). That includes equipment, trailering cost, provision of a portable toilet, and the refreshments. There will be a partial refund to clubs which provide equipment. **Arrive at the site** at 9 am, for a start (one boat at a time) around 10 am.

ICICLE CHASE ENTRY FORM

Complete the following information for the event and email it to maxine.walker@sympatico.ca

Crew Club: _____
Crew Name: _____ Coxie - _____
Crew Members 1. _____ 2. _____
3. _____ 4. _____

Require Equipment _____ Bringing own Equipment _____

Payment of \$277.50 will be made by cheque to Quinte Rowing Club and mailed to
Quinte Rowing Club
35 Keegan Parkway,
Belleville, ON
K8N 5R1

Captains, please contact Maxine Walker (maxine.walker@sympatico.ca, or 613-969-0942) regarding your equipment, as soon as you make your entry.

(Waivers will be signed on arrival at the event.)

Directions: From highway 401 (both directions) take Exit 526, and follow Route 4, Glen Miller Road, north. At Frankford, turn left and continue north on Route 33 (with the river on your left) to Stirling. Don't use the road on the west side of the river: it's closed! At the 4-way stop in Stirling, turn left onto Carmel Road and continue west for 8 km. When you reach a bridge, the launch spot is right there on your left. Parking will be in the yard of Whisky Crick Garage, a short distance back. If you're not coming on 401, ask Maxine to provide you directions by e-mail. And please contact Maxine (maxine.walker@sympatico.ca, or 613-969-0942) if you have any other questions.

Difficulty: quite easy, but crews are recommended to do at least one 20 km (2 hour) practice row, a week before the event.

This will be a great event, so get your crew organized, start training, and make your entry. We look forward to seeing you!