**Rideau Lakes Tour – May 23-24, 2020**

**Registration Form**

*Registration Deadline is Monday, May 4th*

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Street/P.O. Box: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

City: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Province/Country: \_\_\_\_\_\_\_\_ Postal/ZIP Code: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Phone number: Home: (\_\_\_) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Cell: (\_\_\_) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Email address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Emergency Contact: Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Number: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Relationship to you: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Club/Association affiliation: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Please ensure that you register as a participant with Rowing Canada for 2020.

What is your RCA number: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Accommodation: Please indicate where you prefer to stay and with whom you wish to share a cottage.

\_\_\_\_ Simmons Cottages: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_ The Opinicon: Please contact [nstrachan@bell.net](mailto:nstrachan@bell.net) to arrange your cottage **prior to March 30**

NOTE: If you wish to arrive Friday, please make your own arrangements with Simmons Cottages. Let them know you are part of the weekend rowing group

Food: Do you wish to dine at The Opinicon Friday night (not included in the tour cost)? Yes \_\_\_\_ No \_\_\_\_

Do you have any food allergies? No \_\_\_\_\_\_\_\_ If yes, what are they \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Are you vegetarian? Yes \_\_\_\_\_\_\_ No \_\_\_\_\_\_\_\_

Please note: We encourage all rowers to participate in coxing duties.

Waiver:

I, the undersigned, do understand and hereby acknowledge and agree that participation in rowing/sculling involves certain risks and dangers which include, but are not limited to, cold weather and water, physical exertion and muscle strain, heart attack, hypothermia, heat exhaustion and drowning. In consideration for permitting me to engage in rowing/sculling activities (on water and on land) on an event sponsored or organized by the Ontario Adventure Rowing Association. I on my own behalf and behalf of my heirs, executors, administrators or assigns do hereby release and forever discharge the Ontario Adventure Rowing Association, its directors, officers, employees, agents, tour organizers and volunteers (hereby referred to as the “Released Parties”) from any and all liability and responsibility for any injury, death, loss or damage to my person or property however caused, including, but not limited to, the negligence of the Released Parties, whether passive or active. For greater certainty, I understand and agree that I am not only giving up my right to sue the Release Parties, but also any rights my heirs, assigns or beneficiaries may have to sue the Release Parties resulting from my death.

I further agree, acknowledge and confirm that I can swim, have sculled for more than one full season, I am familiar with, and understand the danger associated with cold weather and water, specifically hypothermia and how to deal with it should an accident occur.

Finally, I hereby acknowledge and confirm that I am a current member of a community rowing club registered and/or a member of RowOntario and Rowing Canada Aviron. I understand that my participation in rowing/sculling activities at an Ontario Adventure Rowing Association event is conditional upon confirmation that I am fully registered with RowOntario and Rowing Canada Aviron. I acknowledge and agree that the Ontario Adventure Rowing Association has the right to refuse to allow me to participate in rowing/sculling event organized by the Ontario Adventure Rowing Association if I am not fully registered with RowOntario and Rowing Canada Aviron.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

SIGNATURE NAME PRINTED DATE